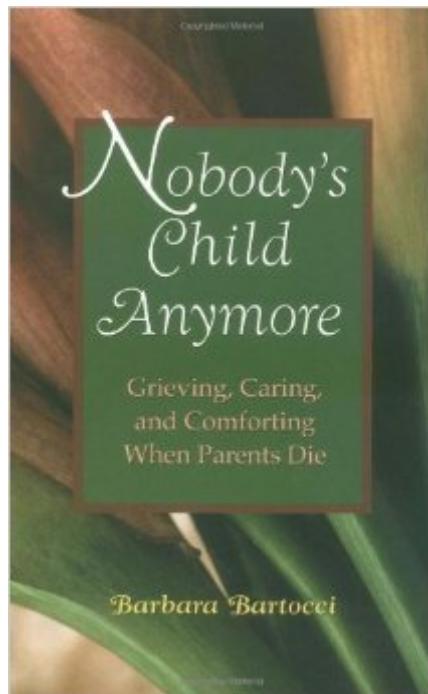


The book was found

Nobody's Child Anymore: Grieving, Caring And Comforting When Parents Die



Synopsis

As longevity expands so too does the reality that increasing numbers of people become Nobody's Child Anymore. Unlike most books on grieving the loss of a parent, Barbara Bartocci takes a comprehensive approach from caring for a dying parent through finding new meaning beyond grief. Barbara Bartocci, who has lost both of her parents, speaks from experience and offers poignant vignettes approaching hard questions with compassion and a wealth of practical wisdom. Nobody's Child Anymore is an immensely helpful and comforting resource for anyone caring for a dying parent, mourning the loss, caring for the remaining parent and seeking new meaning beyond grief.

Introduction When our parents die and we are adults, we're expected to say, This is an appropriate death. My father . . . my mother . . . lived a full life. It is their time. I'm okay with that. But we are not okay with it. Losing a parent--at any age--is a profound loss. It is such a primal connection, that of parent and child. No matter what your age, no matter what the circumstances of your rearing, no matter how loving or how lethal your relationship, it's impossible to completely ignore the people who gave you life. You can divorce a spouse but not your parents. There is that ultimate tie--the genetic inheritance that somehow entwines us no matter how hard we may try to disconnect. As society ages, and more people experience this inevitable passage, people are beginning to realize that it's not an easy loss just because your parents are in their 60s, 70s, 80s, or even 90s. I was surprised at the depth of my pain when my parents died. And since there isn't yet a lot of cultural support when adults lose their parents, I had to feel my way, as if walking through an unfamiliar forest. I have written this book as a gentle guide through the forest of feelings you may be encountering. It is not a practical manual--turn to other sources for help in planning a funeral or settling an estate. Rather, I share my own experience and the thoughts and experiences of others as a source to ease your soul-pain. The four parts of this book parallel the four-fold experience of loss through which we pass. It begins when we are called upon to care for one of our parents and we come to the difficult realization that Mom or Dad is dying. Then, after the loss, we struggle with the pain of our grief and perhaps some unresolved issues in our relationship with our parents. At the same time, we are often called upon to offer comfort and support to our surviving parent. We may then lose a second parent and experience the special pain of becoming an adult "orphan." Grieving is a process that has its own time. But eventually, we come to some resolution of our pain and we complete our grief. I have learned that there is a special light that may come in the wake of our parents' leaving. I discovered, as you will, too, that in a deeper sense, our parents don't leave us. They become part of us. A SORIN BOOKS Publication Distributed by Ave Maria Press

Book Information

Paperback: 127 pages

Publisher: Sorin Books; First Edition edition (October 1, 2000)

Language: English

ISBN-10: 1893732215

ISBN-13: 978-1893732216

Product Dimensions: 5.5 x 0.3 x 8.5 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ See all reviewsÂ (25 customer reviews)

Best Sellers Rank: #848,686 in Books (See Top 100 in Books) #46 inÂ Books > Christian Books & Bibles > Churches & Church Leadership > Ministry to the Sick & Bereaved #374 inÂ Books > Christian Books & Bibles > Ministry & Evangelism > Adult Ministry #1505 inÂ Books > Self-Help > Relationships > Love & Loss

Customer Reviews

My 88 year old dad died January 8, 2003. Although I was unable to look at his picture for a couple of months, I thought I was "handling it" just fine. Besides, although my mother was also suffering from dementia, she was obviously aware that Daddy was gone and I needed to concentrate on her. Then on May 7, 2003, Mama died - and I began to grieve. It was almost like losing them both the same day. I guess as long as my mother was still here, I still felt a connection to my dad as well. I never expected to hurt so badly. They were 88, in extremely poor health and had not been like the parents I had known for quite some time. But now they are gone. Even knowing this was coming and being 50 years old myself, I was still devastated. After I had finished everything with the memorial service and everyone had gone home, I began to realize how very bereft I was. I felt foolish having so much grief - after all, they were old and sick, better off now, etc., all of the usual platitudes. I have a strong religious faith and have no questions as to where they are now. I did not want them to continue suffering. And yet, I missed my mom and dad. I first read "The Orphaned Adult," which was extremely helpful and which I recommend. But I still seemed to be sadder than I thought I should be for a person losing parents later in life. I could no longer sleep through the night, if I got to sleep at all. I had thought about ordering this book for a while, but felt I was being too self indulgent. Finally I gave in and I am so thankful I did. Ms. Bartocci hit me "right where I lived." She put words to my sadness and gave me the permission to "still" feel sad. She describes grief as individual to each of us, which made me feel less of a "freak." As I said, I am not a "group help" person.

[Download to continue reading...](#)

Nobody's Child Anymore: Grieving, Caring and Comforting When Parents Die Healing the Adult Child's Grieving Heart: 100 Practical Ideas After Your Parent Dies (Healing Your Grieving Heart series) Please Be Patient, I'm Grieving: How to Care For and Support the Grieving Heart (Good Grief Series Book 3) Grieving the Loss of Someone You Love: Daily Meditations to Help You Through the Grieving Process Healing a Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies (Healing Your Grieving Heart series) Healing Your Grieving Heart for Teens: 100 Practical Ideas (Healing Your Grieving Heart series) Nobody's Perfect (Nobody Romances) Grieving the Child I Never Knew: A Devotional for Comfort in the Loss of Your Unborn or Newly Born Child Foster Parenting: A Basic Guide To Creating A Loving, Comforting And Stable Home (Foster Care, Child Care, Raising Children) The Impossible Child in School--At Home: A Guide for Caring Teachers and Parents Diabetes Burnout: What to Do When You Can't Take It Anymore Multiple Streams of Income: Because Living Off of One Paycheck Isn't Working Anymore (Jasmine Zapata Book 1) You Don't Have to Take it Anymore: Turn Your Resentful, Angry, or Emotionally Abusive Relationship into a Compassionate, Loving One Good Parents Worry, Great Parents Plan: The Guide to Protecting Your Child with a Will and Trust Gone but Not Lost: Grieving the Death of a Child ScandiKitchen: Fika and Hygge: Comforting cakes and bakes from Scandinavia with love Texas Home Cooking: 400 Terrific and Comforting Recipes Full of Big, Bright Flavors and Loads of Down-Home Goodness (America Cooks) Injustices: The Supreme Court's History of Comforting the Comfortable and Afflicting the Afflicted Foster Parenting: A Basic Guide to Creating a Loving, Comforting and Stable Home Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others

[Dmca](#)